

Your Fastest Path to Better Employee Well-Being (With Zero HR Lift)



The Propel Global Challenge is a one-month virtual physical activity competition where employees track their movement in the Propel Challenge Platform to earn points for their company against other organizations on a global leaderboard.

Demonstrated Impact

Findings from an October 2025 study of 426 participants across five organizations clearly show that the challenge drives meaningful activity gains — especially among the employees who need it most.

28%

Increase in daily activity among less active employees after the event.

Your highest-risk employees benefit the most.

53%

Retained at least half of their activity improvement after the challenge.

Activity habits lasted beyond the event.

44%

Finished above baseline activity even two weeks after the challenge.

Nearly half stayed healthier than they started.

Why Participate?

Turnkey Implementation — The challenge requires almost no work from HR and is fully managed for you.

Fast to Launch — Comes with ready-made communication materials and tools that make rollout simple.

High-Value Investment — Delivers strong organizational impact at a flat, \$1,500 cost for unlimited participants.

Inclusive for Everyone — Engages employees of all fitness levels, roles, and locations (global employees encouraged).

Reserve A Spot

Lock in your spot for 2026

- **April 1 - 30**
- **October 1 - 31**

Schedule a 15-minute intro with us to learn more

[Book a session now](#)